

Best Practices and Resources: A Multi-Tier Approach to Social Emotional Learning

Tier 1: Universal

- Professional Development: Trauma-Informed and Psychological First Aid
- Provide [More Than Sad](#) and [Sandy Hook Promise](#) Suicide Prevention Classroom intervention and other mental health awareness campaigns
- [Erika's Lighthouse](#) classroom intervention
- [FOCUS](#) (Families overcoming under stress) classroom intervention
- Parent workshops to support socio-emotional development (e.g. relationship building, attachment, self-harm, suicide prevention, trauma, school adjustment, mental health awareness, substance use, etc.)
- Crisis Response training to school-site crisis team [LAUSD BUL-5800.0](#)
- [Second Step](#) intervention (school-wide) [Social Emotional Learning \(SEL\)](#)
- Child abuse awareness workshop for all staff (Fall/Spring)
- School-wide positive behavior [LAUSD BUL-6231.0](#)
- Discipline Review Team meetings [LAUSD BUL-6231.0 Pg. 8](#)
- Drug/substance use prevention and awareness campaign (Red Ribbon Week) [Red Ribbon.Org](#)
- Collaborate with community stakeholders to promote school safety (e.g. Safe Passages meetings with local law enforcement) [Urban Peace Institute Parents and Educators/Students in Action \(PESA\)](#)
- Anti-Bullying Campaign (Kindness Week, Compassion Games, Cyberbullying/Sexting Campaign: Now Matters Later) [Stop Bullying.gov](#)
- Suicide Prevention/Awareness Professional Development for students and staff ([LAUSD BUL-2637.3](#))
- [Denim Day](#): Rape and Sexual assault prevention/ awareness campaign
- Digital Citizenship for students, educators, and parents [Common Sense](#)
- Substance abuse awareness workshops for parents [National Institute on Drugs Abuse](#)

Tier 2: Targeted

- Group counseling to address safety concerns on campus (e.g., substance use prevention- Seeking Safety, gang intervention services, anger management)
- Facilitate Second Step in classrooms or with targeted groups
- Parents in Control group with targeted parents of students with safety concerns
- Families Overcoming Under Stress [FOCUS](#) for targeted classrooms or student populations
- Cognitive Behavior Intervention for Trauma in Schools ([CBITS](#)) for 6th to 12th grade students
- School-site crisis team planning meetings (2x/semester)
- Peer mediation and conflict resolution services (e.g. peer mediation/conflict resolution program, restorative justice, anger management group, coping skills group)
- School-wide Positive Behavior Intervention and Support (SWPBIS) and Discipline Review Teams [LAUSD BUL-6231.0](#)
- Workshops for parents regarding community safety matters

CHARTER OPERATED PROGRAMS

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Tier 3: Intensive

- Threat assessment & management meetings
- Provide individual linkages/referrals to higher level of care
- Self-injury/suicide assessments, threat assessments
- Intensive case management services
- Individual mental health services (school-based mental health provider)
- Parent/Individual mental health services
- Develop Behavior Contracts and Student Safety Plans
- Crisis support services to students impacted by a crisis (e.g., psychological first aid, brief counseling, linkages, re-entry, safety planning)